

## PH's lumpiang shanghai and turon give 'A Taste of Diplomacy'

Written by Philippine Embassy DC  
Saturday, 03 November 2018 12:01

---



**Chef Cho Ortega explains the ingredients of lumpiang shanghai to the participants of the Taste of Diplomacy Program of YMCA Anthony Bowen in Washington, D.C. on Oct. 24, 2018.**

WASHINGTON — The Philippine Embassy, through Sentro Rizal Washington DC, made a successful collaboration with YMCA Anthony Bowen on the latter's newest cooking program

## **PH's lumpiang shanghai and turon give 'A Taste of Diplomacy'**

Written by Philippine Embassy DC  
Saturday, 03 November 2018 12:01

---

entitled, "A Taste of Diplomacy," on Oct. 24, 2018.

The Philippines is the second featured Embassy after Luxembourg for this month. The Healthy Eating Department of the YMCA aims to bring the community together and bridge cultures by discovering the cuisines of various countries.

Ten YMCA members and D.C. residents participated in the evening cooking program that featured Filipino dishes.

Chef Cho Ortega, owner of family-owned restaurant Lumpia, Pansit, Atbp was gracious in lending her cooking skills and partnering with the Embassy for the event.

She presented a wrapped food theme and demonstrated how to make Filipino favorites lumpiang shanghai and turon (fried banana egg roll).

Chef Cho took up architecture in the Philippines but her love for cooking pushed her to study at the Academie de Cuisine Gaithersburg when she migrated to the United States.

# PH's lumpiang shanghai and turon give 'A Taste of Diplomacy'

Written by Philippine Embassy DC  
Saturday, 03 November 2018 12:01



**PH's lumpiang shanghai and turon give 'A Taste of Diplomacy'**

## PH's lumpiang shanghai and turon give 'A Taste of Diplomacy'

Written by Philippine Embassy DC  
Saturday, 03 November 2018 12:01



Participants in the Taste of Diplomacy Program try to make turon.

## PH's lumpiang shanghai and turon give 'A Taste of Diplomacy'

Written by Philippine Embassy DC  
Saturday, 03 November 2018 12:01



Barbipptsource Philippine dried mangoes dipped in chocolate and brochures

## PH's lumpiang shanghai and turon give 'A Taste of Diplomacy'

Written by Philippine Embassy DC  
Saturday, 03 November 2018 12:01

---



The participants enjoy their first batch of cooked lumpiang shanghai.