

## Christian ways to reduce stress

Written by LILI  
Friday, 08 July 2011 23:15

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**Gracious hosts: Philippine Permanent Representative to the United Nations Libran N. Cabactulan and wife Fe hosted a reception at their Official Residence in Manhattan in celebration of Philippine independence on June 21. Many foreign diplomats connected with the U.N., the embassies, consulates and some from the Fil-Am community attended.**  
*(Photo by Dr. Cesar Malantic)*

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**Sydney Stahl** died in a car accident on the 4th of July. She was a very kind and generous person. She was a member of the church and was always ready to help others. Her husband, **Donny Stahl**, is a very kind and generous person. He was a member of the church and was always ready to help others. We were the passing last month of **Junior Raz Belo** in Florida, and of **Frankie** in the Philippines. **Donny Stahl** was a very kind and generous person. He was a member of the church and was always ready to help others. We were the passing last month of **Junior Raz Belo** in Florida, and of **Frankie** in the Philippines. **Donny Stahl** was a very kind and generous person. He was a member of the church and was always ready to help others.



**At Cabaret Night** **Francis**, **Edna**, **Mary**, **Christina**, **Esther** (Photo by **Dr. Debra**)



**Selsa**, **Araceli**, **Edna**, **Francis**, **Leonor**, **Selsa**, **Araceli** (Photo by **Dr. Debra**)

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PHOTOGRAPHY

Kagayawanan sa mga Pilipino sa Estados Unidos sa Manila, Philippines. Photo by Shirly Ang